

# Dream Board

## How to Create



Notes / Vision for your Dream Board

### Your Vision

Decide on the purpose and vision for your “**future you.**” This can include where you want to live, what clothes you want to wear, places to vacation, career choice, and even your most ambitious dreams.

### Creation

Find or purchase the materials needed to visualize your future goals. You can find these in magazines, online, in stores, quotes in books, or around the house. Whatever you choose to use, make sure it represents what you want.

### Reflection & Presentation

After putting your dream board together take a few minutes to review and reflect on life you’ve made for “**future you.**”